

Guidance and Counseling Services

DIGEST

Vol. 11, No.6

Please forward this Digest to your colleagues.

January 2014

Our Vision: That all schools will have fully implemented Comprehensive Guidance and Counseling Programs that advance the academic, career, and personal/social development of all students.

Our Mission: To work collaboratively with school counselors, counselor educators, the Missouri School Counselor Association, the Missouri Association for Career and Technical Education and other stakeholders to develop and provide resources and meaningful professional development that support professional school counselors and career services personnel in their efforts toward full implementation of their programs.

The Guidance and Counseling Services Staff:

Tom and Loree'

573-751-4383

Announcements

Stanley Takes New Position

Bragg Stanley, Director of Guidance and Counseling, will be taking a new position with the Department as the Mid-Missouri Regional Director for Pathways to Prosperity (PtP). Missouri is one of 10 states within the National PtP Network which is designed to support schools in creating multiple avenues to post-secondary opportunities for all students. The work is based on the 2011 report by the Harvard Business School, "[Pathways to Prosperity](#)." His new duties will begin January 16th.

Program Components

GUIDANCE CURRICULUM

Effective Teaching Strategies

As you are implementing your guidance curriculum, think about using strategies that can also improve reading comprehension. *Reciprocal teaching* aims to improve reading comprehension skills by modeling four comprehension strategies: summarizing, questioning, clarifying, and predicting. The students then practice these strategies and take turns leading small group discussions about what has been read. The [What Works Clearinghouse](#) identified 54 studies of *reciprocal teaching* for students with learning disabilities that were published or released between 1989 and 2013. None of these studies meet WWC evidence standards. More research is needed to determine the effectiveness or ineffectiveness of this method for students with learning disabilities. Read the [full report](#) now

INDIVIDUAL STUDENT PLANNING

Apprenticeships Are Valued Options for Students

There is a growing recognition at the federal and state level of the importance and value of apprenticeships. Thomas E. Perez, the Secretary of Labor, states, "As a nation, over the course of the last couple of decades, we have regrettably and mistakenly devalued apprenticeships and training. We need to change that, and you will hear the president talk a lot about it in the weeks and months ahead." Read more about this in the [New York Times article](#).

College Board and Phi Delta Kappan Publication Examines Benefits of CTE

Last month the College Board, in conjunction with Phi Delta Kappan (PDK), released an article extolling the virtues of Career Technical Education (CTE) and how best to ensure quality and access to it across the nation. Written by Jean-Claude Brizard, former CEO of Chicago Public Schools and Senior Advisor at the College Board, the [article](#) titled *Toward a Common Model of Career-Technical Education*, highlights the positive impact CTE programs had on three students who each took different pathways to academic

and professional success. It later expands on their individual experiences and argues that these success stories are increasingly becoming the norm for students who choose to enroll in CTE programs— an encouraging trend considering 94% of all high school students in the U.S. take at least one CTE course.

Financial Aid Toolkit

The U.S Department of Education hosts a website, “[Financial Aid Toolkit](#)” which provides information and outreach tools for school counselors, college access professionals, nonprofit mentors, and others.

RESPONSIVE SERVICES

Disaster Assistance Funds for Child Care Available thru FEMA

FEMA now has two options for states or tribes to assist with child care needs in the wake of a Presidentially-declared disaster declaration. The Sandy Recovery Improvement Act of 2013 authorizes a new option through the Individual Assistance program that can provide child care assistance directly to an individual disaster survivor or family. This assistance is in addition to the limited option already available under the Public Assistance program that provides reimbursement for the temporary relocation of child care facilities, or the permanent repair and replacement of certain community child care centers. The range of child care assistance available through Public Assistance Category B is explained in detail in [Recovery Fact Sheet 9580.107](#). If you have any questions, please contact FEMA’s Intergovernmental Affairs Division at (202) 646-3444 or at FEMA-IGA@fema.dhs.gov.

Small Group Counseling for Elementary Students

[Elementary School Counseling is](#) a website resource for elementary school counselors. One [link](#) on the website provides small group activities for a variety of areas such as anger management, anxiety, and others. It also allows for contributions from practicing school counselors. If you have not added this resource to your “tool kit,” it might be worth checking out.

SYSTEM SUPPORT

Volunteers Needed for 2014 FAFSA Frenzy Events

Help the Missouri Department of Higher Education in Building Missouri’s future...by degrees by volunteering at a [2014 FAFSA Frenzy site](#) across the state. These important events will assist Missouri students and families in submitting their 2014-2015 [FAFSA](#), helping them achieve their educational dreams. The strength of the FAFSA Frenzy events is in the dedicated volunteers willing to share their expertise, their time and their commitment. With 77 sites planning to conduct 81 events in 44 counties between January and March, there are plenty of opportunities to [volunteer](#) at a location and time convenient for you.

A toll-free volunteer support line, courtesy of [MOHELA](#), will be available to assist sites on the main event date of Sunday, Feb. 9, by helping to answer any of the more sticky questions that invariably arise. This call center will rely on the help of seasoned financial aid volunteers from the St. Louis area.

To find the right opportunity for you, review the [complete list of sites](#), including the toll-free volunteer support line.

If you are not an expert on the [FAFSA](#), you can still help. FAFSA Frenzy sites need [volunteers](#) to perform tasks such as staffing a registration table, directing parking or setting up refreshments. Site coordinators at each 2014 FAFSA Frenzy site will determine event logistics and establish needed jobs accordingly. So, do not hesitate to volunteer, even if you are a newcomer to financial aid or may not be familiar with the FAFSA.

Complete and submit your [volunteer application](#) today! If you have any questions regarding FAFSA Frenzy, you may contact [Jaron Vail](#), MDHE outreach services program specialist, [Julie Meyer](#), MDHE student access and success director, or [Lisa Wilson](#), MDHE outreach services coordinator.

National Youth Science Camp: June 27-July 20

The National Youth Science Camp (NYSC) is a residential science education program that honors and challenges **two graduating high school science students from each state**. **There is no cost** to the participants. Scientists from across the nation present lectures and hands-on science seminars and linger to interact informally with student delegates. Delegates are challenged to explore new areas in the biological and physical sciences, art, and music with resident staff members. Opportunities are provided for delegates to present seminars covering their own areas of interest and research. A visit to Washington D.C. permits delegates to visit some of the nation's premier scientific, governmental, and cultural facilities. The NYSC experience includes overnight excursions into the Monongahela National Forest featuring backpacking, rock-climbing, caving, mountain biking, and kayaking opportunities. **Delegates are required to participate in the camp program for its entirety** as the fast-paced activities and remote location make travel to and from the NYSC very difficult. More information and the application are available online at www.nysc.org.

Outstanding Citizenship Award

In 1989, legislation was enacted by the General Assembly to create a special, state-level award to recognize outstanding achievement in citizenship by fifteen public high school seniors in Missouri each year. Under the State Board of Education's direction, the Department of Elementary and Secondary Education has established criteria and procedures, which will be used to select deserving students for this program, the "Missouri Award for Outstanding Achievement in Citizenship." In addition students will be recognized on the American Bar Association's Civics and Law Honor Roll for their commitment to civic learning and

If you have questions about the award or nomination process, please contact Bill Gerling, Social Studies Director at bill.gerling@dese.mo.gov or 573-751-0398.

Conferences, Workshops, and Webinars

MSCA Spring Conference: Friday, March 7, Capitol Plaza Hotel, Jefferson City

The theme for the Spring Conference is "The Leadership in You." Discover your leadership style and how to use leadership skills in guiding the direction of your comprehensive guidance and counseling program. Information and registration are on the [MSCA website](#)

ACT State Conference: Thursday, March 27, Stoney Creek Inn, Columbia

The keynote for this year's conference will be "21st Century Learning: Creating New Possibilities" and will focus on the new Aspire Assessment System--the first digital, longitudinal assessment system to fully connect student performance from elementary grades through high school. ACT Aspire will provide educators and parents with the insights they need to help students get and stay on track by better connecting assessment to teaching and learning. Launching in 2014, ACT Aspire will continue ACT's historic mission of helping students stay on target to maximize their full potential. Come and learn more about ACT's next generation assessment system

College Board National Office for School Counselor Advocacy, "Destination Equity Conference 2014": April 11-12, Los Angeles CA.

[Destination Equity 2014](#) focuses on counseling practices and programs that encourage access and success for students as they prepare for college and careers. Through compelling sessions and engaging dialogue, you will acquire hands-on strategies and tools that can be implemented at your school, in your district, in your community and at the state level.

It is the policy of the Missouri Department of Elementary and Secondary Education not to discriminate on the basis of race, color, religion, gender, national origin, age, or disability in its programs or employment practices as required by Title VI and VII of the Civil Rights Act of 1964,

Title IX of the Education Amendments of 1972, Section 504 of the Rehabilitation Act of 1973, the Age Discrimination Act of 1975 and Title II of the Americans with Disabilities Act of 1990. Inquiries related to Department programs and to the location of services, activities, and facilities that are accessible by persons with disabilities may be directed to the Jefferson State Office Building, Office of the General Counsel, Coordinator– Civil Rights Compliance (Title VI/Title IX/504/ADA/Age Act), 6th Floor, 205 Jefferson Street, P.O. Box 480, Jefferson City, MO 65102-0480; telephone number (573) 526-4757 or TTY (800) 735-2966, fax (573) 522-4883, email civilrights@dese.mo.gov.